

# Why does my generator exercise?

The weekly exercise runs for approximately 20 minutes. There are two Kohler transfer switches that can be used with your generator. If it's an RDT switch it's possible to duplicate a weekly exercise. Only set the exercise at the generator or the transfer switch.

If the generator is paired with an RXT automatic transfer switch, you can choose between three exercise modes: **unloaded cycle**, **unloaded full-speed** and **loaded full-speed**.

During an **unloaded cycle exercise**, the engine runs for 10 minutes at exercise speed, a 1-minute transition, 3 minutes at full speed, and another 1-minute transition followed by a 5-minute cool-down.

During an **unloaded full-speed exercise**, the engine runs for approximately 20 minutes at full speed without transferring the load.

During a **loaded full-speed exercise**, the electrical load is transferred to the generator set, and the generator runs for 20 minutes. If possible, a loaded full-speed exercise is recommended as that will exactly simulate emergency power outage conditions.